

MotivHealth Q&A

Network (Doctors/Hospitals)

- We highly recommend you ask if they are Contracted/In-Network with the Network in your location before you setup an appointment or outpatient services. For **Utah residents**: Motiv/Health Utah Network in Utah and First Health Nationwide. **Arizona residents**: Bluecross Blue Shield of Arizona in Arizona, Motiv/Health Utah in Utah and First Health Nationwide. **Nevada residents**: Cigna Network in Nevada and Nationwide. Your MotivHealth ID cards will give you the Networks available to you and you can search provider when you log into your MotivHealth Account.
- In Southern Utah you will continue to be able to have outpatient **procedures** done at some locations other than St. George Regional Medical Center which can be a way for you to decrease your costs. In Las Vegas you will have great savings opportunities by going to imaging and surgical centers for services for procedures. Remember to call MotivHealth **before scans, colonoscopies and surgery's** to get the best savings and don't forget to ask about Smart Pay Incentives where you may get money put in your HSA!
- In Southern Utah all IHC Facilities are covered i.e.: St. George Regional Hospital, Valley View Hospital and InstaCare Facilities. In Mesquite, Mesa View Regional is covered. In Kingman, Kingman Regional Medical is covered. In Moab, Moab Regional is covered. Some Hospitals covered in Las Vegas are: Centennial Hills, North Vista, Desert Springs. (See LV Hospital Network Map for list).
- MotivHealth's In-Network Hospitals in Northern Utah along the Wasatch Front are typically the NON-IHC hospitals i.e.: Intermountain Medical Center in Murray, LDS, Utah Valley Regional. etc and any IHC InstaCare Facilities. Log onto MotivHealth's website (motivhealth.com) for a complete and updated provider list.
- MotivHealth covers **Urgent Care facilities in Northern Utah** and **IHC InstaCare facilities in Southern Utah**. For Nevada Residents there are several Urgent Care facilities In-Network, check Cigna Network to verify.

Deductibles

- The deductible goes from January 1st – December 31st even though our plan year is from May 1st – April 30th. Each January the deductible will start over.

Preventative Care

- To see Preventative items covered you can refer to the Benefits Website or Healthcare.gov to review preventative services.

Prescriptions

- Each health carrier may have a slightly different list of preferred drugs. If you have a prescription that is not on MotivHealth's preferred list they may have you try different prescriptions that are on their list. You can go view their list of prescriptions on the benefits website, or contact MotivHealth's prescription team (385-247-1030) if you have any questions.
- MotivHealth has many resources for those who have prescriptions that cost \$200 or more per month. If this applies to you, please reach out to MotivHealth to see how they can help.

My Online Services

- MotivHealth has Online Services where you can login and see your claims, EOB's (Explanation of Benefits), pharmacy information, search providers, look at your HSA balance, etc.
- They do not have a mobile app, but you can save the website as an app on your phone. You will want to use a web browser on your cell phone to get to www.motivhealth.com and then save that page as an app on your phone. See MotivHealth's website for a video tutorial.

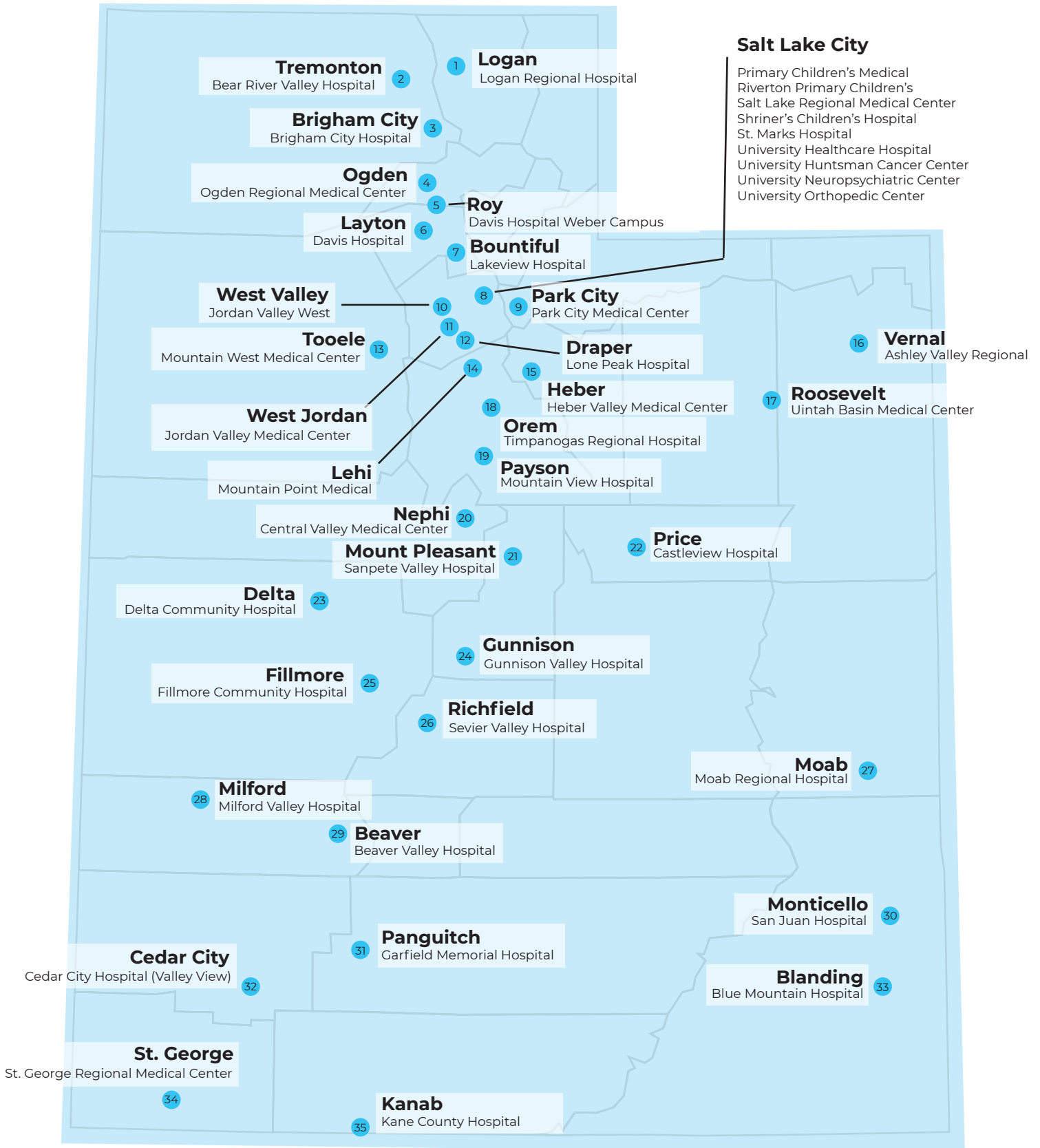
Other

- We would highly recommend that you view the Video's on the Benefits Website to learn more about MotivHealth and your benefits. Also MotivUniversity created by MotivHealth on their website is a great course to help you learn about MotivHealth and great ways to save money while accessing healthcare services!!

motiv network

Geo-Coverage: Statewide

- HSA / HDHP, Copay Plans
- HealthUtah Provider Directory
- Steward Facilities, MountainStar, University of Utah Health, and Non-Wasatch Front Intermountain Healthcare hospitals



KEY

- Independent Community
- Intermountain Healthcare
- MountainStar
- Steward
- University of Utah

1. Logan

- Logan Regional Hospital

2. Tremonton

- Bear River Valley Hospital

3. Brigham City

- Brigham City Hospital

4. Ogden

- Ogden Regional Medical Center

5. Roy

- Davis Hospital Weber Campus

6. Layton

- Davis Hospital

7. Bountiful

- Lakeview Hospital

8. Salt Lake City

- Primary Children's Medical
- Riverton Primary Children's
- Salt Lake Regional Medical Center
- Shriners' Children's Hospital
- St. Marks Hospital
- University Healthcare Hospital
- University Huntsman Cancer Center
- University Neuropsychiatric Center
- University Orthopedic Center

9. Park City

- Park City Medical Center

10. West Jordan

- Jordan Valley West

11. West Valley

- Jordan Valley Medical Center

12. Draper

- Lone Peak Hospital

13. Tooele

- Mountain West Medical Center

14. Lehi

- Mountain Point Medical

15. Heber

- Heber Valley Medical Center

16. Vernal

- Ashley Valley Regional

17. Roosevelt

- Uintah Basin Medical Center

18. Orem

- Timpanogas Regional Hospital

19. Payson

- Mountain View Hospital

20. Nephi

- Central Valley Medical Center

21. Mount Pleasant

- Sanpete Valley Hospital

22. Price

- Castleview Hospital

23. Delta

- Delta Community Hospital

24. Gunnison

- Gunnison Valley Hospital

25. Fillmore

- Fillmore Community Hospital

26. Richfield

- Sevier Valley Hospital

27. Moab

- Moab Regional Hospital

28. Milford

- Millford Valley Hospital

29. Beaver

- Beaver Valley Hospital

30. Monticello

- San Juan Hospital

31. Panguitch

- Garfield Memorial Hospital

32. Cedar City

- Cedar City Hospital (Valley View)

33. Blanding

- Blue Mountain Hospital

34. St. George

- St. George Regional Medical Center

35. Kanab

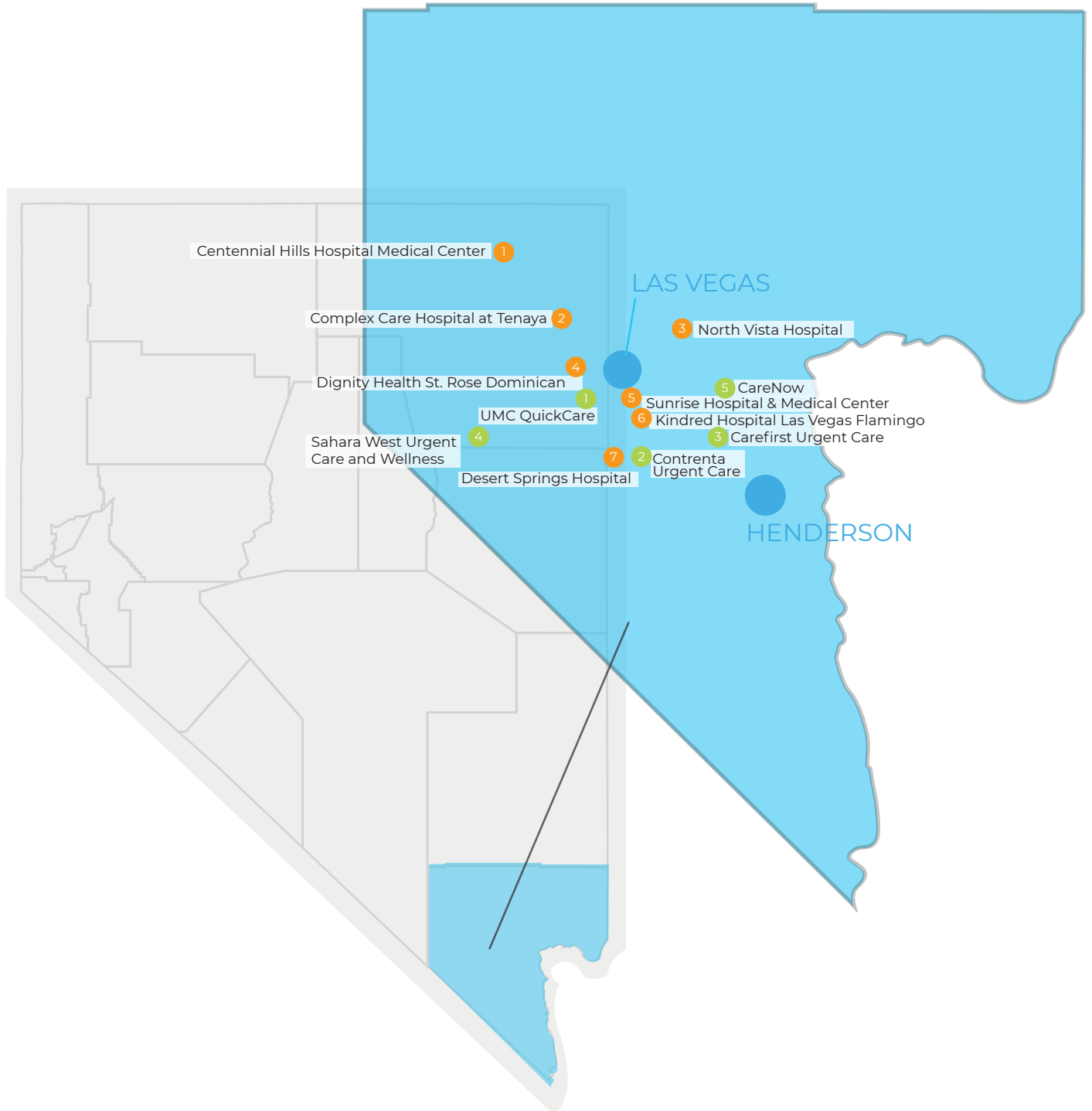
- Kane County Hospital

Nevada Network

Geo-Coverage: Las Vegas Area

KEY

-  Hospitals
-  Urgent Care Centers



Hospitals

1. Centennial Hills Hospital Medical Center 6900
N Durango Dr Las Vegas, NV 89149

2. Complex Care Hospital at Tenaya
2500 N Tenaya Way Las Vegas, NV 89128

3. North Vista Hospital
1409 E Lake Mead Blvd North Las Vegas, NV
89030

4. Dignity Health St. Rose Dominican
4980 West Sahara Avenue Las Vegas, NV 89146

5. Sunrise Hospital & Medical Center
3186 S Maryland Pkwy Vegas NV 89109

6. Kindred Hospital Las Vegas Flamingo
2250 E Flamingo Rd Las Vegas, NV 89119

7. Desert Springs Hospital
2075 E Flamingo Rd Las Vegas, NV 89119

Urgent Care Centers

1. UMC Quick Care
1800 W Charleston Blvd Las Vegas, NV

2. Contrenta Urgent Care
3900 Paradise Rd Las Vegas, NV

3. Carefirst Urgent Care
5216 Boulder Hwy Las Vegas, NV

4. Sahara West Urgent Care & Wellness
6125 W Sahara Las Vegas NV

5. CareNow
5891 E Charleston Blvd Las Vegas, NV