

**Starting May 1, 2025 any Team Member enrolled on the Health Insurance will not be able to sign up for the Healthiest You Benefit.**

The Temporary Relief included in several different bills since 2020 expired at the end of 2024 that allowed our Health Plan to remain compliant while offering the Healthiest You benefit with no co-pays.

This temporary relief was not approved for 2025 by the government. If things change in future bills and legislation we will look into the option of bringing this benefit back for those enrolled on the Health Insurance.

For those NOT Enrolled on the Health Insurance, scroll to the 2<sup>nd</sup> page to learn about what the Healthiest You Benefit offers.

Please reach out to HR if you have any questions about this.



# Simplify your life.

Access doctors and therapists by phone, video, or app.

HealthiestYou is **FREE** for you and your family for those enrolled on the Health Insurance. For Part-Time and Full-Time Team Members not on the Health Insurance, the benefit is \$5 a month for you and your family.



### **General Medical 24/7 - \$0 visit fee - Unlimited visits**

Speak to a licensed doctor by phone or video 24/7 from anywhere



### **Expert Medical Services - \$0 visit fee - Unlimited visits**

Receive a second opinion on an existing diagnosis and treatment for any condition



### **Mental Health - \$0 visit fee - Unlimited visits**

Talk to a therapist seven days a week from wherever you are



### **Neck and Back Care - \$0 visit fee - Unlimited Visits**

Relieve your back pain through guided videos with a certified health coach



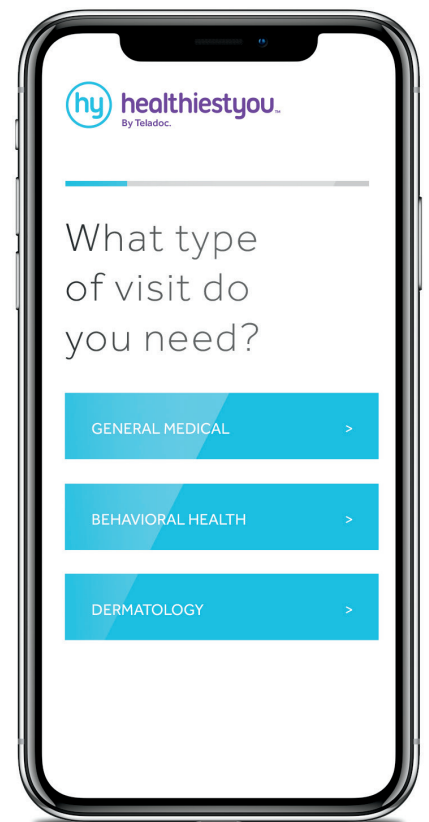
### **Dermatology - \$0 visit fee - Unlimited Visits**

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days



### **Nutrition - \$0 visit fee - Unlimited Visits**

Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs including custom meal plans and shopping guides



## Download the app for access to free and easy healthcare

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